

# Volunteer at the True Food Co-op shop

Our members own and run True Food.

Our mission is to ‘carry out any trade, business or service that supplies and promotes affordable access to organic food and ecologically sound products for all the people of our community indiscriminately’.

We welcome people (18+) who support our mission and want to volunteer with us in our shop but choose not to join us as members.

## Volunteers with True Food:

- Help run the shop in practical ways – working on the till, opening, closing, re-stocking and cleaning, booking in via our online rota system
- Feed in ideas to improve how we do things
- Receive our monthly e-newsletter ‘Pulse’
- Are kept up to date with products, events and developments
- Promote True Food
- Are part of the True Food community and can join as members at any time

True Food is Registered Society under the Co-operative and Community Benefit Societies Act 2014.

We will not use your email address for anything other than sending monthly newsletters, information about products, events and developments and requests for volunteering opportunities. You can unsubscribe from this at any time. Full details of how we manage your data are on our website and available at our shop. [Contact helperadmin@truefood.coop](mailto:helperadmin@truefood.coop)



**I would like volunteer with True Food, to receive monthly newsletters and be kept up to date with products, events and developments by email and agree to be contacted by phone.**

**Title:** ..... **First Name:** ..... **Surname:** .....

**Phone number:** .....

**Email:**

**I'm interested in:** ☒ **Till work** ☒ **Restocking** ☒ **Cleaning** ☒ **Opening** ☐ **Closing**

**Signed:** ..... **Date:** .....

## Shop Manager to fill in this part

Details Clear? ☐ Form signed & dated? ☐

**Manager's signature:** ..... **Date:** .....